



Government of India  
Ministry of Communications  
Department of Telecommunications  
National Telecommunication Institute for Policy  
Research, Innovation and Training (NTIPRIT)



## Invitation for International Yoga Day Celebration-2021 (21.06.2021)

In accordance with the theme “Yoga at Home, Yoga with Family” for International Yoga Day-2021 (21.06.2021), to create awareness about how yoga is helpful in ongoing pandemic situation by increasing immunity, National Telecommunication Institute for Policy Research, Innovation and Training (NTIPRIT) invites you to attend 1 Hour online program as scheduled below:

Programme: International Yoga Celebration on 21.06.2021		
Time	Description	Speaker
11:00 AM-11:02 AM	Start of Programme	Shri Raju Sinha, DDG (Tx & NGS), NTIPRIT
11:02 AM-11:05 AM	Welcome Address	Shri U.K. Srivastava, Sr. DDG, NTIPRIT
11:05 AM-11:15 AM	Inaugural speech	Shri B.K. Jog, Member (S), DCC and DGT
11:15 AM-11:40 AM	Science of Yoga	Prof Asis Goswami (Retrd.)
11:40 AM-11:58 AM	Holistic Approach of Well Being	Dr. Mohit Tayal, MD
11:58 AM-12:00 NOON	Vote of Thanks	Shri Adir Singhal, DDG (Training), NTIPRIT

Please register for the programme at <https://forms.office.com/r/zPT3gngTxu>

Please join the programme at 10:55 AM. All are Welcome.

U. K. Srivastava  
Senior Deputy Director General  
National Telecommunication Institute for Policy Research,  
Innovation and Training (NTIPRIT)  
Department of Telecommunications, Ministry of Communications  
Government of India



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## Dignitaries



### Shri Bharat Kumar Jog

An ITS Officer 1982 Batch, Member  
(Services) & DG (T), Digital  
Communications Commission



### Shri U.K. Srivastava

An ITS Officer 1983 Batch. Sr.  
DDG & Head of NTIPRIT-DoT  
Govt of India



### Prof. Asis Goswami (Retrd)

Former UNESCO CHAIR in Inclusive  
Adapted Physical Education and Yoga;  
Former Head, Dept. of Sports Science  
and Yoga, RKMVERI and Former  
Sports Physiologist, Sports Authority  
of India



### Dr. Mohit Tayal

MBBS, MD & PDCC,  
Consultant Radiologist,  
Chandan Healthcare Pvt.  
Limited, Haldwani, Ex.  
Assistant Professor AIIMS,  
Rishikesh